

**Dr. Murphy's portfolio is robust with education and professional credentials. She received her BA in Political Science, her BS in Criminal Justice, and her Master of Public Administration all from North Carolina Central University. She obtained her MA in Counseling from Webster University and her Ed. D in Educational Leadership from Fayetteville State University.**

**Murphy has taken her knowledge and skillsets into classrooms, church congregations, and the at-large community to empower the public on how to respond to the needs of those diagnosed with mental illnesses and addictions.**

**While she does not refuse any potential client, her primary targets are women, specifically Black woman. Dr. Murphy sees Black women as the least understood and most underserved demographic. According to Murphy, "You cannot treat what you do not understand." Murphy is working, therefore, to own a one-stop shop for women of color—a holistic center that offers healing from the inside out.**

**Theoretical frameworks used by Dr. Murphy consist of TF-CBT, Cognitive Behavioral Therapy and Eye Movement Desensitization Reprocessing (EMDR).**

**Released in Spring 2018, Murphy's first children's book, Rayne and the Yellow Dress, part of a series titled Ebony Drive, was created as a pathway for parents and educators to discuss topics of colorism, hair texture, and body image with children in the black community.**

**When not in session, Dr. Murphy enjoys volunteering within her church community, exercising, and creating precious memories with her family.**

**At this time Dr. Murphy is unable to receive any new referrals.**